# Present Perfect Continuous Tense Practice Exercises with Answer 

## Exercise 1

Fill in the blanks with the present perfect continuous tense of the verbs in brackets.

1. I $\qquad$ (work) on this project for two hours.
2. She $\qquad$ (live) in New York for five years.
3. We $\qquad$ (wait) for the bus for half an hour.
4. They $\qquad$ (study) for their exams all week.
5. I've $\qquad$ (feel) really stressed lately.

## Exercise 2

Change the following sentences into the present perfect continuous tense.

1. I started working on this project two hours ago.
2. She moved to New York five years ago.
3. We arrived at the bus stop half an hour ago.
4. They started studying for their exams last week.
5. I started feeling stressed a few days ago.

## Exercise 3

Write sentences about the following situations using the present perfect continuous tense.

1. You have been waiting for your friend for over an hour.
2. Your brother has been playing video games all day.
3. Your sister has been studying for her test for days.
4. Your parents have been working on the garden all weekend.
5. Your teacher has been talking for a long time.

## Exercise 4

Choose the correct answer.

1. I $\qquad$ (work) on this project for two hours.
a. have been working
b. worked
c. am working
2. She $\qquad$ (live) in New York for five years.
a. has lived
b. lives
c. has been living
3. We $\qquad$ (wait) for the bus for half an hour.
a. are waiting
b. have been waiting
c. waited
4. They $\qquad$ (study) for their exams all week.
a. have studied
b. have been studying
c. are studying
5. I've $\qquad$ (feel) really stressed lately.
a. been feeling
b. felt
c. am feeling


Write a paragraph about what you have been doing today using the present perfect continuous tense.

## Answers

## Exercise 1

1. have been working
2. has been living
3. have been waiting
4. have been studying
5. been feeling

## Exercise 2

1. I have been working on this project for two hours.
2. She has been living in New York for five years.
3. We have been waiting for the bus for half an hour.
4. They have been studying for their exams all week.
5. I've been feeling stressed for a few days.

## Exercise 3

1. I have been waiting for my friend for over an hour.
2. My brother has been playing video games all day.
3. My sister has been studying for her test for days.
4. My parents have been working on the garden all weekend.
5. My teacher has been talking for a long time.

## Exercise 4

1. have been working
2. has been living
3. have been waiting
4. have been studying
5. been feeling

## Exercise 5

Today, I have been studying for my exams. I have been working on my English grammar exercises for the past two hours. I have also been reading my history textbook. I am feeling really tired, but I know I need to keep working hard.

